

# EARLY BIRD

-AVAILABLE FROM 3PM ONWARDS-

## Selection of sandwiches

Available with filling of your choice. (Toasted sandwich additional 0.80cent )

Gluten free sandwiches available

### Steak ciabatta

5oz sirloin steak, toasted garlic ciabatta with sauteed onions, mushrooms, purple slaw, mozzarella cheese. Served with French fries (1a,5,6,10,11,13)

### Chicken Caesar wrap

Strips of chicken & bacon with parmesan cheese, cos lettuce, cherry tomatoes and Caesar dressing. Served with French fries (1a,5,6,10,13)

### Traditional fish & chips

Please ask your server, served with chips, mushy peas and tartare sauce (1a,2,5,6,13)

### Today's specials

Served with vegetables and potatoes. Please ask your server for today's specials (allergens change daily)

### Catch of the day

Served with vegetables and potatoes. Please ask your server for catch of the day (allergens change daily)

## STARTERS

-AVAILABLE FROM 4PM ONWARDS-

### Tomato bruschetta

Tomato, garlic and red pepper bruschetta with parmesan shavings, organic leaf salad & balsamic drizzle (1a,5,6,10)

### Golden fried mushrooms

With garlic & chive mayo dip and salad garnish (1a,5,6,10)

### Loaded potato crunchies

Topped with crispy bacon bits and cheddar cheese served with barbeque mayonnaise (5,6,10)

### Chicken wings

Marinated chicken wings with sweet chilli mayo dip and seasonal salad garnish (5,6,10)

### Abbey summer salad

Millfarm organic leaves with diced beetroot, crumbled feta, sundried tomato topped with roasted walnuts, balsamic dressing (6,9,12)

### Soup of the day

Please ask your server, served with brown bread or white roll (1a,5,6,7,9,11)

Allergens: (1) Gluten (1a) Wheat (1b) Oats (1c) Barley (2) Fish (3) Molluscs (4) Crustaceans (5) Eggs (6) Milk (7) Nuts (8) Peanuts (9) Celery (10) Mustard (11) Sesame (12) Soya (13) Sulphites (14) Lupin

# MAINS

## Barbeque pork ribs

*Baby back pork ribs, purple slaw, buttered corn on the cob (5,6,10,11)*

## Lemon chicken fettucine

*Sauteed lemon marinated chicken strips in a cream and white wine reduction, tossed with fettucine pasta and tender stem broccoli, served with garlic bread (1a,5,6,13)*

## Cajun chicken burger

*Cajun scented chicken fillet in a toasted burger bun, garlic mayo, lettuce, tomato and sweet chilli sauce, served with French fries (1a,5,6,10,11,13)*

## Abbey beef burger

*Castlemaine farm beef burger in a brioche bun with bacon and cheese, dill mayonnaise, salad and onion ring served with French fries (1a,5,6,10,11,13)*

## Sirloin steak

*Grilled "Joe Campbells" 10 oz sirloin steak, mushroom & onion ragout and peppercorn sauce, served with French fries (1a,5,6,10,12,13))*

## Sweet potato falafels

*On a vegetable noodle salad tossed in an Asian dressing (1a,5,11,12,13)*

# Sides

*French fries (1a,1b,13)*

*Potato and vegetables (6,13)*

*Tempura onion rings (1a,13)*

*Garlic dip (5,10)*

*Side salad (5,10)*

*Garlic bread (1a,6,10)*

*Garlic bread with cheese (1a,6,10)*

*Sauteed onions & mushrooms (6)*

# Children's Menu



## Children Under 12 years

*Children's joint of the day with vegetables and potatoes (6,13)*

*Mini beef burger (1a,5,6,10,11,13)*

*Deep-fried chicken goujons (1a,1c,5,6,13)*

*Sausages (1a,10,13)*

*\*Served with a choice of French fries or potatoes*

*Penne pasta with tomato sauce (1a,6,9)*

*Vanilla ice cream with chocolate sauce (1a,6)*

*Warm chocolate muffin with ice cream (1a,5,6)*

## Prince & Princess Meal Deal

*Under 12's-*

*Half soup of the day (1a,6,13)*

*With bread roll*

*Glass of orange or apple juice*

*Melon platter with fruit coulis*

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*Kids pizza (margherita or pepperoni) with chips (1a,6,9)*

*Chicken goujons & chips (1a,1c,5,6,13)*

*Sausage & chips (1a,10,13)*

*Kids joint of the day with veg & potatoes*

*(6,13)*

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*Strawberry jelly & Ice cream (1a,6)*

*All our menu items are sourced from local suppliers*

***And are freshly prepared each day***

*Joe Campbell- beef and lamb*

*Castlemine farm- beef*

*Fullard's- fruit and vegetables*

*Corrib foods-turkey and beef*

*B&B Foods- bacon and pork products*

*Waldron's Meats-pork and bacon*

*Glancy's - vegetable*

*Millhouse Farm- organic leaves*

*Starcrest- fish and shellfish*

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# DESSERTS

## Summer berry meringue vacherin

*Served with whipped cream, mixed berries, fruit coulis and strawberry ice cream (5,6)*

## Black forest roulade

*Served with a rich chocolate sauce, cherry couli and ice cream (1a,5,6,12)*

## Cheesecake of the day

*Please ask your server for the cheesecake of the evening. Please be advised of allergens daily.*

## Alisons dessert of the evening

*Please ask your server for dessert of the evening, please be advised of allergens daily*

## Cake bites sharing platter

*Biscoff, carrot, lemon & coconut cake bites with whipped cream and strawberries (1a,5,6,7,12)*

## Irish cheese slate

*A selection of Irish cheeses served with savoury crackers, fruits and chutney (1a,5,6,9,10,11)*

*Gluten free crackers available on request*

Please ask your server regarding vegan & gluten free dessert option of the evening.

We do our best to prepare dishes free of certain allergens on request.

However, please note that our kitchen is not entirely allergen free and there may be small traces present.

# BEVERAGES

### Tea

Espresso

Café latte (6)

Double espresso (6)

Cappuccino

Hot chocolate

### Coffee

Speciality teas

Mocha (6)

Irish coffee (6,13)

Bailey's coffee (6,13)

French coffee (6,13)

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# Vegan menu

## Starters

### “Plant it” vegan meatballs

*Served with tomato sauce and micro greens (9)*

### Duet of melon platter

*With sorbet, fruit coulis and berry compote*

## Mains

### “Plant it” quarter pounder

*Vegan quarter pounder with cheese, garlic mayo and salad garnish*

### Plant based Kiev

*Served with a selection of vegetables and potatoes*

## Desserts

### Chocolate and orange vegan torte

*Chocolate and orange torte with vegan ice cream (1a)*

### Vegan summer berry and lemon Eton mess

*Mixed berry, vegan ice cream and crumbled vegan lemon meringue with fruit coulis*



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